



PRE-OP Medical Clearance Evaluation

-Absolute Case Cancellation for Moderate/Deep/TIVA-

- 1.) ASA Class 4- (Disease Process that is constant threat to life)
- 2.) BMI equal to or >50
- 3.) NPO Status non-compliance
- 4.) Oxygen Saturation <92% on room air at rest
- 5.) New onset Cardiac Arrhythmias
- 6.) Coronary Artery Disease presenting with acute chest pain
- 7.) Unstable baseline vital signs

-Considerations for Case Cancellation-

- 1.) Any patient of ASA 3 classification (Any disease process that is poorly managed or severe in presentation, or patient presenting with multiple disease processes)

Examples include but not limited to:

- a) HTN that is above 200 systolic or 110 diastolic
- b) Diabetes (Blood sugar >300 or less than 60.)
- c) COPD (Acute Episodes resulting in wheezing, irritability, oxygen saturation < 92%)
- d) Pt with HTN, Diabetes, COPD, Mordbid Obesity, and CAD without clearance from primary care or cardiology
- e) BMI >40

-All Clear-

- 1.) ASA classification 1 (no disease process) that follows perioperative instructions
- 2.) ASA Classification 2 (single disease process that is controlled) that follows perioperative instructions



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ASA 3 classification patients who present with the following diagnosis must be optimized and cleared by their specialist prior to day of surgery otherwise the case may be canceled:

- 1.) Congestive Heart Failure (CHF)/Heart Murmurs or Heart valve disease/Aortic-Aneurysms/Pacemakers/Defibrillators/Abnormal Heart Rhythms/MI/Coronary Artery Disease with multiple Stents/Hx of multiple Blood Clots.**
- 2.) Smokers or COPD** patients who are on multiple inhalers/rescue inhalers/ who present with Oxygen saturations below 95% on room air. Look for wheeze, cough (especially after making them laugh), deep coarse voice. Questions to ask include:
 - a. Do you use your rescue-inhaler/albuterol often?
 - b. Do you cough a lot?
 - c. Do you ever feel tight in your lungs? Wheezing?
 - d. Do you feel like you have trouble getting air in or blowing air out?
 - e. Do you see a pulmonologist? Do you have pulmonary HTN?
 - f. Do you get short of breath when walking up a flight of stairs or with exertion?
- 3.) Patients with severe neurological disorders that include but not limited to: muscle weakness, parkinsonism, seizures, down syndrome**
- 4.) Severe Diabetes** with known blood sugars ranging less than 60 or more than 300
- 5.) Severe Obstructive Sleep Apnea** apnea hypopnea index >50